

Family Care-Cost Worksheet

A shared, neutral place to track who contributes what toward a parent's care, money and time. Keeping it visible prevents most sibling conflict.

GoCheckMyParents.com · free family tools

The plan we agreed on

Caring for

How we're splitting costs (equal / by income / money-for-time)

Date agreed & who was part of it

When we'll revisit this

Who's doing what (roles)

PERSON	ROLE (MONEY / MEDICAL / LOGISTICS / HANDS-ON / VISITS)

Monthly contributions

Count non-cash help too: hands-on caregiving hours and housing have real value.

PERSON	CASH / MONTH	NON-CASH (HOURS, HOUSING, TASKS)

Expense log

Log spending as it happens: copays, groceries, gas, deposits, caregiver hours. What everyone can see, no one resents.

DATE	WHAT	AMOUNT	PAID BY

A written **caregiver agreement** (for a sibling paid to provide care) can matter for taxes and Medicaid eligibility; set one up with an elder-law attorney rather than a handshake.